

## EXPECTATIONS UPON COMPLETION OF TREATMENT

### **Degree of Whitening**

There is no definite way to predict how light your teeth will get. During the consultation, you will be shown before/after pictures of previous clients so that you may have an overall perspective on the kind of results we can achieve. In clinical studies, the whitening process has resulted in 7-9 shade changes (on the vita shade guide.) If there are questions regarding this issue, please discuss them with the dentist prior to signing the consent form. We cannot guarantee outcome – but we are partners with you, and will work diligently to arrive at acceptable levels of whiteness.

### **Relapse and Maintenance**

Following the completion of the whitening procedure, it is normal to experience a slight degree of relapse within the first 24-48 hours. Through the normal staining process of day-to-day eating and drinking, you may experience gradual shade relapse. This will depend on the frequency of use of tobacco products, coffee, tea, red wine and other staining foods/drinks.

### **Follow All Directions**

Please take time to read all written instructions and listen to all oral directions. You are welcome and encouraged to ask us any questions you may have.

### **Communication**

If you do not understand something communicated to you during the consultation, exam, in any printed material given to you, and/or before or after the procedure, please feel free to ask us.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Dentist's Signature

\_\_\_\_\_  
Date

### **Candidates with A1-B1-Offscale Shade**

Your shade has been determined by the dentist to be at A1-B1 or offscale on the Vita-Shade guide. The dentist has informed you that your results would be minimal due to your preliminary light shade. The level of whiteness varies with each individual; therefore, you may achieve a high degree of whiteness. We have provided this release form to aid you in your decision process.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date